

ȘTEFAN CEL MARE UNIVERSITY OF SUCEAVA
FACULTY OF PHYSICAL EDUCATION AND SPORTS

Field of study: **PHYSICAL EDUCATION AND SPORTS**

Programme of study: **PHYSICAL EDUCATION AND SPORT**

Level of qualification: **BACHELOR STUDIES - LEVEL 6 CNC AND 6 EQF**

Official length of the programme of study and number of ECTS/SECT credits: **3 YEARS; 180 ECTS**

No.	Disciplines	Number of credits	
		1st semester	2nd semester
1st year of study			
1	Theory and methodics of physical education and sports	5	-
2	Basic athletics	4	-
3	Basic gymnastics	3	-
4	Functional anatomy	8	-
5	Scientific fundamentals of sports games: handball and volleyball	8	-
6	Psychopedagogy	2	
7	Theory and methodics of physical education and sports	-	5
8	Physiology	-	4
9	Scientific fundamentals of sports games: football and basketball	-	8
10	Health education and first aid	-	4
11	Theory and practice of the winter sports: skating, alpine skiing	-	4
12	Motrical leisure activities	-	3
13	Foreign language (French/English)	-	2
	Total credits	60	
2nd year of study			
1	Motor and somatic-functional evaluation	5	-
2	Theory and practice of other sports fields: Bodybuilding	5	-
3	Kinesiology	5	-
4	Theory and practice of gymnastics: artistic and acrobatic gymnastics	3	-
5	Practical applications: winter sports disciplines	4	-
6	Communication techniques in physical education and sports	3	-
7	Theory and practice of athletics	-	4
8	Theory and practice of combat sports: judo, martial arts	-	5
9	Fitness	-	5
10	Theory and practice of water sports: swimming	-	5
11	Practical applications: water sport disciplines	-	4
12	Practical activities in recreation facilities	-	4
13	Using specialised softs in sports and physical education science / Theory and practice of expression sports: folk dance	5	-

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14	Self-defense techniques / Aerobic gymnastics	-	3
Total credits		60	
3rd year of study			
1	Methods of scientific research	5	-
2	Theory and practice of motor activities by age groups	4	-
3	Methodology of teaching volleyball in school	4	-
4	Methodology of teaching football in school	4	-
5	Practical activities in teaching institutions	5	-
6	Practical activities in tourism	4	-
7	Methodology of teaching athletics in school	-	4
8	Methodology of teaching handball in school	-	4
9	Methodology of teaching basketball in school	-	4
10	Methodology of teaching gymnastics in school	-	4
11	Body expression and eurythmia	-	3
12	Bachelor's degree paper elaboration	-	4
13	Foreign language (French/English)	-	2
14	Training and competition in adapted sports / History of physical education and sports	4	-
15	Sociology in sports and physical education science / Applied management in sports and physical education science	-	5
Total credits		60	